

# January 2010

## DAILY PRAYER CALENDAR

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The January prayers have been written by Matt Judkins, Minister of Discipleship.

The Upper Room, a daily devotional guide for United Methodists, provides a devotional reading for each of the days of January that goes with each of the scripture readings and prayers on this month's prayer calendar. The devotional for each day will enrich your quiet time with the Lord in the month of January.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>31</b> <i>Psalm 95:1-7</i> Today, God, we sing out our praises to you! You are the great and mighty King of all things, and we come before you with thanksgiving and joyous songs of praise! Help us hear your voice today and respond with continual joy and worship.</p>	<p><b>PRAYER WILL CHANGE YOUR LIFE...</b></p> <p><b>PRAY ANYTIME. ANYWHERE!</b></p>				<p><b>1</b> <i>Psalm 121:1-8</i> Lord, today is the first day of a new year. It is a year filled with possibilities and opportunities. Even more, God, it is a year hemmed in by your grace! My life is yours this year. Expand my faith, enrich my trust, and deepen my reliance on you.</p>	<p><b>2</b> <i>1 Timothy 6:12-19</i> King of kings and Lord of lords, you are amazing beyond words! Help me in the year ahead to do good, be rich in good works, generous, and ready to share. You, O Lord, offer the only life worth living.</p>
<p><b>3</b> <i>Mark 15:33-41</i> Jesus, when we read your words from the cross, we begin to understand the very heartbeat of God. No matter how dark the night, how deep our pain, or how great our despair, you meet us there. The other side of darkness and death is light and resurrection, and for that we give you thanks and praise.</p>	<p><b>4</b> <i>Galatians 6:2-10</i> Gracious God, you call us to bear one another's burdens, and yet sometimes this is exhausting! Give us strength to continue to do right, so that others might know your Holy name.</p>	<p><b>5</b> <i>James 1:19-21</i> Lord, so many times I am slow to listen. I rush to speak, and I am quickly angered. May your words take root in my heart today, so that I may be full of your righteousness and grace.</p>	<p><b>6</b> <i>Matthew 6:25-34</i> Lord God, all around us we see evidence of your creative grace. Please give us the wisdom to take the simple lessons of the world around us to heart. Let our worry be transformed into trust by your profound love.</p>	<p><b>7</b> <i>Psalm 119:89-104</i> Father, your holy word endures. Troubles pass, life eventually comes to an end, but your word is rock-steady. Help me trust in your promises alone, by the power of your eternal wisdom.</p>	<p><b>8</b> <i>James 1:22-27</i> Loving God, forgive us for the times we discredit the faith by our actions. May we instead be great witnesses and examples of the gospel. Let us live pure and undefiled before you, caring for the least, the last, and the lost around us.</p>	<p><b>9</b> <i>Isaiah 55:8-13</i> Sometimes God we try to figure things out on our own and end up more confused than ever! Today Help us to rest in the mystery of your transcendent knowledge and grace. Give us the radical assurance that knowing you is enough.</p>
<p><b>10</b> <i>Joshua 1:1-9</i> Steadfast God, draw me once again to your sacred word. Let the words of your mouth be the source of my strength and courage throughout this day. This I pray in the name of Jesus Christ, the living Word.</p>	<p><b>11</b> <i>1 Corinthians 1:3-6</i> Today, O God, I simply give you thanks. Thank you for the amazing love of Jesus. Thank you for the very air we breathe. Thank you for everything, seen and unseen, that you offer us each and every day. Thank you.</p>	<p><b>12</b> <i>Ephesians 2:4-10</i> Thank you, O Lord that you save us completely by grace. We could never do enough or be enough to merit your incredible love. You simply pour out your love and salvation as a gift to be received. Today, we receive it anew in Christ's name and power.</p>	<p><b>13</b> <i>Proverbs 9:7-12</i> Great and Holy God, today you remind us that to fear you is the beginning of wisdom. We stand before this day and before you, filled with unspeakable awe at your majesty. Grant us the wisdom that only comes from following you completely.</p>	<p><b>14</b> <i>Isaiah 43:16-19</i> God, we often face challenges that overwhelm us. We face situations and circumstances that are out of our control. Thank you that nothing is beyond your power! Thank you for making a way where there seems to be no way!</p>	<p><b>15</b> <i>2 Samuel 12:1-14</i> Gracious God, in the words of Nathan to David, we remember the necessity of accountability and confession. And yet, we still hear Nathan's words, "Now the Lord has put away your sin." Today, help us walk in full knowledge of your forgiveness and peace.</p>	<p><b>16</b> <i>Psalm 103:1-6</i> Today, O Lord, I stop before you with my heart and soul turned to you. Bless the Lord, O my soul! You forgive and heal and redeem our lives with steadfast love and mercy. Thank you Lord for your amazing grace.</p>
<p><b>17</b> <i>Matthew 16:13-20</i> Lord Jesus, throughout history, women and men have responded to your question, "Who do you say that I am?" Help us have a faith to answer with Peter, "You are the Messiah, the Son of the living God." Give us grace to live in full confidence as your children.</p>	<p><b>18</b> <i>Amos 5:18-24</i> Today, Holy Lord, you remind us that religious acts without faith-filled lives are simply not enough. Give us courage to live justly. Cleanse and empower us to spread your righteousness everywhere we go, today and always.</p>	<p><b>19</b> <i>Psalm 63:1-8</i> Almighty God, as I awake in the morning, I am aware of my physical hunger and thirst. Let these remind me of the spiritual thirst and hunger that resides deep in my spirit. Thank you Lord for being the only source of true refreshment and satisfaction.</p>	<p><b>20</b> <i>Nehemiah 4:1-15</i> Merciful God, sometimes we go to work with bad attitudes, dreading the day before us. Today God, let me see this day as a gift you have created. Guide me today. Help me go about my work today as your servant.</p>	<p><b>21</b> <i>John 20:11-18</i> Sometimes, Lord, we stand weeping. Things don't go our way, and we reach our limit. Yet, you meet us even as our tears fall down our cheeks. As you call us by name, we recognize you, "Teacher!" Thank you God, for meeting us where we are and lifting us by your grace.</p>	<p><b>22</b> <i>Deuteronomy 30:15-20</i> We have so many choices, God. What will we eat? What will we wear? What should we do? More than any of these, we have the ability to choose you. Let today be a day of choosing you - loving, obeying, and holding fast to your Holy Name.</p>	<p><b>23</b> <i>John 19:25-27</i> Lord Jesus, even as you were on the cross, you cared for and comforted your mother and disciples. May we too see the needs around us: mothers with lost children, lonely fathers, and parentless children. By your grace may we care for them and take them in as those you love.</p>
<p><b>24</b> <i>Romans 14:1-13</i> Loving God, all too often we recognize how quick we are to pass judgment. The world outside the Church often sees us as judgmental and cold. Today, God, help us to heed your words by leaving judgment in your capable hands.</p>	<p><b>25</b> <i>2 Timothy 3:10-17</i> God, today we give you thanks and praise for your holy word. Sometimes we forget how blessed we are to hold Scripture in our hands. Thank you for those saints who fought to give us access to your word. Give us a hunger for the riches you offer us in the gift of Scripture.</p>	<p><b>26</b> <i>Ecclesiastes 3:1-14</i> Gracious Lord, sometimes it is easy to ask, "Why?" Thank you for the reminder today that you have appointed seasons for all things - laughing, mourning, dancing, and seeking. May we continually rest in your promises, in grateful awareness of your provision and care.</p>	<p><b>27</b> <i>Romans 6:3-14</i> Heavenly Father, there are times in our lives when we forget the seriousness of sin. Often, we fail to recognize the power over sin we receive by the power of the Holy Spirit. Today, dear God, help us reject sin and cling to the righteousness that comes through faith!</p>	<p><b>28</b> <i>1 John 1:1-4</i> Loving and eternal God, the scripture today reminds us of the overwhelming reality of your son Jesus. Our ancestors in the faith saw him with their eyes, touched him with their hands, and heard his precious words. Help us to devote ourselves fully to your son, our Lord.</p>	<p><b>29</b> <i>Colossians 3:12-17</i> O God, you are the giver of all good gifts. Today, grant us your compassion, kindness, humility, meekness, and patience. Most of all, dear Lord, let us share in the amazing love of Christ. We rejoice and give thanks in Jesus' mighty name.</p>	<p><b>30</b> <i>2 Samuel 22:29-34</i> Holy and merciful Lord, thank you for the light that transforms our darkness. You are our shield and refuge. You give us strength and prepare our paths throughout our lives. May we rest securely in your strength and love throughout this day.</p>